



# QUALITY BEST PRACTICE TIPS

## ADULT MEASURES FOR ALL PLAYERS

### General Recommendations:

- Review **Prevention Screening and Services** to ensure you and your patients agree on key health screenings, self-management, and maintenance care annually.
- Work **together with your patients** to address the many preventive goals and service areas that should be completed every year.
- Document **Mammogram** in preventive health flow sheets with **date and results**.
- In your medical records, be sure to have a **list of current medications** and medications were **reviewed, signed, and dated** by a prescribing practitioner or clinical pharmacist.
- **Important Note: Prior** to writing a prescription for a patient, **always** check the plan's drug list to confirm the medication alternative included in the insurance plan's formulary.

### Breast Cancer Screening (BCS):

All women **50-74 years old** must have **1 mammogram every 2 years** Between October 1,2020 and December 31,2022 (2year and 3 months later) with the following codes:

ICD: **Z12.31, Z80.3**. Exclusion ICD: **Z90.11, Z90.12, Z90.13**.  
CPT: **77055-77057, 77061-77063, 77065-77067** HCPCS: **G0202, G0204, G0206**

### Cervical Cancer Screening (CCS):

All women **21-64 years old** should have cervical cancer screening every 3 years: (between January 1st 2020, and December 31, 2022) and **high-risk HPV testing for women 30-64 years of age** (every 5 years: between January 1, 2018 and December 31, 2022) coded as follows:

ICD: **Z01.411, Z01.419**. Exclusion ICD: **Q51.5, Z90.710, Z90.712**.  
Cervical cytology: CPT: **88141-88143, 88147, 88148, 88150, 88152-88154, 88164-88167, 88174, 88175**  
HCPCS: **G0123, G0124, G0141, G0143-G0145, G0147, G0148, P3000, P3001, Q0091**  
High-risk HPV test: **87620-87622, 87624, 87625** HCPCS: **G0476**

### Colorectal Cancer Screening (COL):

All adults **50-75 years old** should be screened for colorectal cancer with one of the following tests:

FOBT CPT: **82270, 82274** HCPCS: **G0328** FIT-DNA CPT: **81528** HCPCS: **G0464**  
CT Colonography CPT: **74261-74263** Flexible Sigmoidoscopy CPT: **45330-45335, 45337-45342, 45346-45347, 45349-45350**  
HCPCS: **G0104**  
Colonoscopy CPT: **44388-44394, 44401-44408, 45378-45382, 45384-45386, 45388-45393, 45398** HCPCS: **G0105, G0121**

### Controlling High Blood Pressure (CBP):

Identify the **most recent BP reading** taken during an outpatient visit, telephone visit, e-visit, virtual check-in, nonacute inpatient encounter, or remote monitoring event during the measurement year. Ensure all members **18-85 years old** with a Hypertension diagnosis have a **BP less than 140/90 mmHg**.

ICD: **I10**  
CPT: **3074F: Systolic <130 mmHg, 3075F: Systolic >= 130-139, 3077F: Systolic = 140, 3078F: Diastolic < 80 mmHg, 3079F: Diastolic 80-89, 3080F: Diastolic = 90**

### Hemoglobin A1c Control for Patients with Diabetes (CDC-A1C):

All patients **18-75 years of age** with a diagnosis of Diabetes (type I & II) must have an **HbA1c test with a score of <8%** documented during the measurement year 2021.

ICD: **E10-E13, O24**.  
CPT: HbA1c level < 7.0: **3044F** HbA1c level >= 7.0 or <8.0: **3051F** HbA1c level >=8.0 or <9.0: **3052F**  
HbA1c level >9.0: **3046F**

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